

# Food Assistance Available to Adults 60 and Over



	<p>You can get \$95 or more every month in benefits to help you purchase food</p>	<p>Apply online at <a href="https://www.MyNJHelps.gov">MyNJHelps.gov</a></p> <p>You can have a friend or family member (authorized representative) submit an application on your behalf either online or in person. Visit <a href="https://www.njsnap.gov">njsnap.gov</a> to find contact information for your county</p>
<p><b>Senior Farmer's Market Nutrition Program</b></p>	<p>You can get \$30 to use at a participating farmers market to purchase fresh fruits and vegetables</p>	<p>Apply for any of these 3 programs, by contacting your County Office on Aging <a href="https://www.nj.gov/humanservices/doas/assistance/county-offices/index.shtml">www.nj.gov/humanservices/doas/assistance/county-offices/index.shtml</a> or calling the Aging and Disability Resource Connection (ADRC) at <b>(877) 222-3737</b></p>
<p><b>Congregate Nutrition Services</b></p>	<p>You can get free lunch in a senior or community center</p>	
<p><b>Home-Delivered Nutrition Services</b></p>	<p>You can get meals delivered to your home, if needed</p>	
<p><b>Commodity Supplemental Food Program</b></p>	<p>You can get a monthly Food Package with nutritious foods</p>	<p>Apply for this program by contacting the CSFP Office at <b>(609) 292-9560</b> or visit <a href="https://www.nj.gov/health/fhs/wic/senior-nutrition/commodity-supplementa/foodbanks.shtml">www.nj.gov/health/fhs/wic/senior-nutrition/commodity-supplementa/foodbanks.shtml</a></p>

\*Program eligibility and rules apply

**For additional information on food resources, including food pantries:  
Call 2-1-1 or text your zip code to 898-211**



State of New Jersey  
Mikie Sherrill, Governor | Dr. Dale G. Caldwell, Lt. Governor



Department of Human Services  
Dr. Stephen Cha, Commissioner